

Last time | We derived the energy-momentum tensor expression

$$T^{\mu}_{\nu} = \frac{\delta \mathcal{L}}{\delta(\partial_{\mu} \varphi)} \partial_{\nu} \varphi - \delta^{\mu}_{\nu} \mathcal{L}$$

It is conserved, $\partial_{\mu} T^{\mu}_{\nu} = 0$.

$T^{00} \sim$ energy density, $T^{0i} \sim$ momentum density

Free Dirac Field

Def. Weyl spinors:

$$\chi_L = \begin{pmatrix} \chi_1 \\ \chi_2 \end{pmatrix}, \quad \chi_R = \begin{pmatrix} \chi_3 \\ \chi_4 \end{pmatrix}$$

left-handed right-handed

$$\begin{cases} \chi_L(x) \rightarrow \chi'_L(x') = \Lambda_L \chi_L(x) \\ \chi_R(x) \rightarrow \chi'_R(x') = \Lambda_R \chi_R(x) \end{cases} \quad \begin{array}{l} \text{Lorentz} \\ \text{transformation} \\ \text{for Weyl spinors} \end{array}$$

$$\Lambda_{L,R} = e^{-\frac{i}{2} \vec{\sigma} \cdot (\vec{\theta} \pm i \vec{\beta})}$$

Def. Dirac spinor (parity eigenstate)

$$\psi_D = \begin{pmatrix} \chi_L \\ \chi_R \end{pmatrix} = \begin{pmatrix} \psi_1 \\ \psi_2 \\ \psi_3 \\ \psi_4 \end{pmatrix}$$

$$\psi_D(x) \rightarrow \psi'_D(x') = \begin{pmatrix} \Lambda_L & 0 \\ 0 & \Lambda_R \end{pmatrix} \psi_D(x)$$

Lorentz transform for Dirac spinors

Under Lorentz transformation ψ_0 becomes:

$$\psi_0(x) \Rightarrow \psi'_0(x) = \begin{pmatrix} \Lambda_L & 0 \\ 0 & \Lambda_R \end{pmatrix} \psi_0(\Lambda^{-1}x)$$

$$\begin{pmatrix} e^{-\frac{i}{2} \vec{\sigma} \cdot (\vec{\theta} + i\vec{\beta})} & 0 \\ 0 & e^{-\frac{i}{2} \vec{\sigma} \cdot (\vec{\theta} - i\vec{\beta})} \end{pmatrix}$$

Can we construct a Lorentz-invariant object?

$\psi^\dagger \psi = \chi_L^\dagger \chi_L + \chi_R^\dagger \chi_R$ is not L. inv., as

$\chi_L \rightarrow \Lambda_L \chi_L, \quad \chi_L^\dagger \rightarrow \chi_L^\dagger \Lambda_L^\dagger = \chi_L^\dagger \Lambda_R^{-1}$

$\Rightarrow \chi_L^\dagger \chi_L = \chi_L^\dagger \Lambda_R^{-1} \Lambda_L \chi_L$ not unitary \Rightarrow not inv.

Def. Dirac γ -matrices (in Weyl representation):

$\{A, B\} = AB + BA$

$\gamma^0 = \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \quad \gamma^i = \begin{pmatrix} 0 & \sigma^i \\ -\sigma^i & 0 \end{pmatrix}, \quad \{\gamma^\mu, \gamma^\nu\} = 2g^{\mu\nu}$

anti-commutator.

\Rightarrow Def. $\bar{\psi} \equiv \psi^\dagger \gamma^0$

$\bar{\psi}_\alpha = (\psi^\dagger)_\beta (\gamma^0)_{\beta\alpha}$
 \uparrow sum, $d, \beta = 1, 2, 3, 4$

$\bar{\psi} = (\chi_L^\dagger \chi_R^\dagger) \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} = (\chi_R^\dagger \chi_L^\dagger)$

$$\bar{\Psi} \Psi = \Psi^\dagger \gamma^0 \Psi = (\chi_L^\dagger \quad \chi_R^\dagger) \begin{pmatrix} 0 & \mathbb{1} \\ \mathbb{1} & 0 \end{pmatrix} \begin{pmatrix} \chi_L \\ \chi_R \end{pmatrix} \quad (25)$$

$$= \chi_L^\dagger \chi_R + \chi_R^\dagger \chi_L \Rightarrow \mathcal{L} \text{ invariant!}$$

$$\text{(check: } \chi_L^\dagger \chi_R \rightarrow \chi_L^\dagger \underbrace{\Lambda_L^\dagger \Lambda_R}_{\Lambda_R^{-1}} \chi_R = \chi_L^\dagger \chi_R \text{!)}$$

$$\text{(Def. } \gamma^5 = i \gamma^0 \gamma^1 \gamma^2 \gamma^3 = \begin{pmatrix} -\mathbb{1} & 0 \\ 0 & \mathbb{1} \end{pmatrix} \text{ (Weyl representation))}$$

$$\Rightarrow \bar{\Psi} \gamma^5 \Psi = (\chi_L^\dagger \quad \chi_R^\dagger) \begin{pmatrix} \mathbb{1} & 0 \\ 0 & -\mathbb{1} \end{pmatrix} \begin{pmatrix} -\mathbb{1} & 0 \\ 0 & \mathbb{1} \end{pmatrix} \begin{pmatrix} \chi_L \\ \chi_R \end{pmatrix}$$
$$= \chi_L^\dagger \chi_R - \chi_R^\dagger \chi_L \Rightarrow \mathcal{L} \text{ inv. too! } \begin{pmatrix} 0 & +1 \\ -1 & 0 \end{pmatrix}$$

$$\text{but: } \mathbb{P}: \chi_L \rightarrow \chi_R, \quad \chi_R \rightarrow \chi_L \Rightarrow$$

$$\Rightarrow \mathbb{P}: \bar{\Psi} \gamma^5 \Psi \rightarrow -\bar{\Psi} \gamma^5 \Psi \text{ changes sign}$$

$$\Rightarrow \bar{\Psi} \gamma^5 \Psi \sim \text{pseudoscalar.}$$

$$\Rightarrow \bar{\Psi} \Psi \sim \text{Lorentz scalar}$$

$$\bar{\Psi} \gamma^5 \Psi \sim \text{pseudoscalar}$$

But: we need to find a Lagrangian \Rightarrow need ∂_μ 's

\Rightarrow need vectors!

What is a 4-vector field? How does (26)

it transform under Lorentz transformations?

If $\varphi(x)$ a scalar field $\Rightarrow \partial_\mu \varphi(x) = A_\mu(x)$

is a 4-vector field.

$$\varphi(x) \rightarrow \varphi'(x') = \varphi(x)$$

$$\partial_\mu \varphi(x) \rightarrow \partial'_\mu \varphi'(x') = \partial'_\mu \varphi(x) = \frac{\partial x^\nu}{\partial x'^\mu} \frac{\partial}{\partial x^\nu} \varphi(x).$$

$$\text{Now, } x'^\mu = \Lambda^\mu_\nu x^\nu \Rightarrow x' = \Lambda \cdot x \Rightarrow x = \Lambda^{-1} \cdot x'$$

$$\Rightarrow x^\nu = (\Lambda^{-1})^\nu_\mu x'^\mu \Rightarrow \frac{\partial x^\nu}{\partial x'^\mu} = (\Lambda^{-1})^\nu_\mu.$$

$$\text{As } \eta^{\mu\nu} = \Lambda^\mu_\alpha \Lambda^\nu_\beta \eta^{\alpha\beta} \Rightarrow \delta^\mu_\nu = \Lambda^\mu_\alpha \Lambda_{\nu\beta} \eta^{\alpha\beta}$$

$$= \Lambda^\mu_\alpha \Lambda_{\nu}{}^\alpha = \Lambda^\mu_\alpha \cdot (\Lambda^{-1})^\alpha_\nu \Rightarrow$$

$$(\Lambda^{-1})^\alpha_\nu = \Lambda_{\nu}{}^\alpha$$

$$\text{Thus } \frac{\partial x^\nu}{\partial x'^\mu} = (\Lambda^{-1})^\nu_\mu = \Lambda_{\mu}{}^\nu$$

$$\Rightarrow \partial'_\mu \varphi'(x') = A'_\mu = \Lambda_{\mu}{}^\nu A_\nu \Rightarrow$$

$$\boxed{A_\mu \rightarrow A'^\mu_{(x')} = \Lambda^\mu_\nu A_\nu(x)}$$
$$\boxed{A^\mu \rightarrow A'^\mu_{(x')} = \Lambda^\mu_\nu A^\nu(x)}$$

as expected!

Combine Dirac matrices into $\gamma^\mu = (\gamma^0, \vec{\gamma})$ (27)

$$\mu = 0, 1, 2, 3.$$

\Rightarrow consider $\bar{\psi} \gamma^\mu \psi$. Claim: it's a 4-vector!

Check: rotations $\psi \rightarrow \psi' = \begin{pmatrix} e^{-\frac{i}{2} \vec{\sigma} \cdot \vec{\theta}} & 0 \\ 0 & e^{-\frac{i}{2} \vec{\sigma} \cdot \vec{\theta}} \end{pmatrix} \begin{pmatrix} \chi_L \\ \chi_R \end{pmatrix}$

$\Rightarrow \bar{\psi} \gamma^\mu \psi \Rightarrow$ 0th component is

$$\bar{\psi} \gamma^0 \psi = \psi^\dagger \gamma^0 \gamma^0 \psi = \psi^\dagger \psi \Rightarrow \text{invariant under rotations.}$$

Spatial component:

$$\begin{aligned} \bar{\psi} \gamma^i \psi &= \psi^\dagger \gamma^0 \gamma^i \psi = \psi^\dagger \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & \sigma^i \\ -\sigma^i & 0 \end{pmatrix} \psi = \\ &= \psi^\dagger \begin{pmatrix} -\sigma^i & 0 \\ 0 & \sigma^i \end{pmatrix} \psi = (\chi_L^\dagger \quad \chi_R^\dagger) \begin{pmatrix} -\sigma^i & 0 \\ 0 & \sigma^i \end{pmatrix} \begin{pmatrix} \chi_L \\ \chi_R \end{pmatrix} = \\ &= -\chi_L^\dagger \sigma^i \chi_L + \chi_R^\dagger \sigma^i \chi_R \rightarrow -\chi_L^\dagger e^{\frac{i}{2} \vec{\sigma} \cdot \vec{\theta}} \sigma^i e^{-\frac{i}{2} \vec{\sigma} \cdot \vec{\theta}} \chi_L \\ &+ \chi_R^\dagger e^{\frac{i}{2} \vec{\sigma} \cdot \vec{\theta}} \sigma^i e^{-\frac{i}{2} \vec{\sigma} \cdot \vec{\theta}} \chi_R \approx (\text{infinitesimal}) = \\ &= -\chi_L^\dagger \underbrace{\left(1 + \frac{i}{2} \vec{\sigma} \cdot \vec{\theta}\right) \sigma^i \left(1 - \frac{i}{2} \vec{\sigma} \cdot \vec{\theta}\right)}_{\sigma^i} \chi_L + (L \leftrightarrow R) \\ &= \sigma^i + \frac{i}{2} \theta^j \underbrace{[\sigma^i, \sigma^j]}_{2i \epsilon^{ijk} \sigma^k} + \dots = \sigma^i + \epsilon^{ijk} \theta^j \sigma^k \end{aligned}$$

$\Rightarrow \bar{\psi} \gamma^i \psi \rightarrow \bar{\psi} \gamma^i \psi + \epsilon^{ijk} \theta^j \bar{\psi} \gamma^k \psi \sim$ just like a rotation!
(clockwise, by angle θ)

One can show that the object $\bar{\psi} \gamma^\mu \psi$ (28)
 transforms under boosts as expected of a 4-vector
 too \Rightarrow

$\bar{\psi} \gamma^\mu \psi$ is a 4-vector!

$$P: \bar{\psi} \gamma^0 \psi = \psi^\dagger \psi = \chi_L^\dagger \chi_L + \chi_R^\dagger \chi_R \sim \text{invariant}$$

$$\bar{\psi} \gamma^i \psi = -\chi_L^\dagger \sigma^i \chi_L + \chi_R^\dagger \sigma^i \chi_R$$

$$\Rightarrow \bar{\psi} \gamma^i \psi \xrightarrow{P} -\bar{\psi} \gamma^i \psi \Rightarrow \text{polar vector!}$$

$\bar{\psi} \gamma^\mu \gamma^5 \psi$ is a pseudo-vector (axial vector)

In general can show that

$$\psi \rightarrow \psi'_{(x')} = e^{-\frac{i}{4} \omega^{\mu\nu} \sigma_{\mu\nu}} \psi(x)$$

where $\sigma_{\mu\nu} = \frac{i}{2} [\gamma_\mu, \gamma_\nu] \sim$ a reducible representation
 of Lorentz algebra; or $\psi' = e^{-\frac{i}{2} \omega^{\mu\nu} S_{\mu\nu}} \psi$, $S_{\mu\nu} = \frac{i}{4} [\gamma_\mu, \gamma_\nu]$.

Lagrangian for Dirac spinors:

$$\mathcal{L} = A \bar{\psi} \gamma^\mu \partial_\mu \psi + B \bar{\psi} \psi$$

\mathcal{L} -invariants.

$$EOM: \frac{\delta \mathcal{L}}{\delta \bar{\psi}} - \partial_\mu \left[\frac{\delta \mathcal{L}}{\delta (\partial_\mu \bar{\psi})} \right] = 0 \Rightarrow (A \gamma^\mu \partial_\mu + B) \psi = 0$$

⇒ act with $\gamma^\nu \partial_\nu$

$$\Rightarrow \left[A \underbrace{\gamma^\nu \gamma^\mu}_{\frac{1}{2} \{\gamma^\mu, \gamma^\nu\}} \partial_\nu \partial_\mu + B \gamma^\nu \partial_\nu \right] \psi = 0$$

$$\frac{1}{2} \{\gamma^\mu, \gamma^\nu\} = g^{\mu\nu}$$

$$\left[A \partial^2 + B \gamma^\nu \partial_\nu \right] \psi = 0$$

Now, $\gamma^\mu \partial_\mu \psi = -\frac{B}{A} \psi \Rightarrow \left[A \partial^2 - \frac{B^2}{A} \right] \psi = 0$

$$\Rightarrow \left[\partial^2 - \frac{B^2}{A^2} \right] \psi = 0$$

c.f. Klein-Gordon eqn: $[\partial^2 + m^2] \psi = 0 \Rightarrow$ gives

$p^2 = m^2$ ~ correct on-shell condition

$$\Rightarrow \frac{B^2}{A^2} = -m^2 \Rightarrow \text{pick } A = i, B = -im$$

$$\Rightarrow \mathcal{L} = i \bar{\psi} \gamma^\mu \partial_\mu \psi - m \bar{\psi} \psi$$

free Dirac field Lagrangian

EOM: $\left[i \gamma^\mu \partial_\mu - m \right] \psi(x) = 0$

Dirac equation.

Why no $\bar{\psi} \partial_\mu \partial^\mu \psi$ term in \mathcal{L} ? For instance, dimensions:

$\dim \psi = 3/2 \Rightarrow \dim[\bar{\psi} \partial^2 \psi] = M^5 \Rightarrow$ need dimensionful coupling
 \Rightarrow not free field anymore.
 (Ultimately experimental fact.) $\left. \begin{array}{l} \bar{\psi} \psi \text{ is like 4 scalar fields,} \\ \text{and need to impose L, transl} \\ \text{rules by hand to get } \gamma_{\mu\nu} \rightarrow M_{\mu\nu} \gamma_{\mu\nu} \end{array} \right\}$

$$\mathcal{L}_{\text{Dirac}} = A \bar{\psi} \not{\partial} \psi + B \bar{\psi} \psi$$

(29)

$$\text{EOM: } \frac{\delta \mathcal{L}}{\delta \psi} - \partial_\mu \left[\frac{\delta \mathcal{L}}{\delta (\partial_\mu \psi)} \right] = 0$$

$$B \bar{\psi} - \partial_\mu [A \bar{\psi} \gamma^\mu] = 0$$

$$\text{EOM: } \frac{\delta \mathcal{L}}{\delta \bar{\psi}} - \partial_\mu \left[\frac{\delta \mathcal{L}}{\delta (\partial_\mu \bar{\psi})} \right] = 0$$

$$A \not{\partial} \psi + B \psi = 0$$

\Downarrow

$$B^* \bar{\psi} + A^* (\partial_\mu \bar{\psi}) \gamma^\mu = 0$$

$$\Rightarrow B \sim B^*, \quad A \sim -A^*$$

$$\Rightarrow B \sim \text{real}, \quad A \sim \text{imaginary.}$$

(also needed for hermiticity).

(1)

(2)

(3)

Dirac Lagrangian is

(30)

$$\mathcal{L} = \bar{\psi} [i\gamma^\mu \partial_\mu - m]\psi$$

Any symmetries? Yes, we have $\mathcal{L} \rightarrow \mathcal{L}$ under

$$\psi \rightarrow e^{i\alpha} \psi, \quad \bar{\psi} \rightarrow e^{-i\alpha} \bar{\psi}, \quad \alpha \sim \text{real number}$$

$\Rightarrow \delta\mathcal{L} = 0 \Rightarrow$ remember we had for scalar fields

$$\delta\mathcal{L} = \sum_a \partial_\mu \left[\frac{\delta\mathcal{L}}{\delta(\partial_\mu \phi^a)} \delta\phi^a \right]$$

\Rightarrow similarly for spinors ψ & $\bar{\psi}$ we have

$$\delta\mathcal{L} = \partial_\mu \left[\underbrace{\frac{\delta\mathcal{L}}{\delta(\partial_\mu \psi)}}_{i\bar{\psi}\gamma^\mu} \delta\psi + \underbrace{\frac{\delta\mathcal{L}}{\delta(\partial_\mu \bar{\psi})}}_0 \delta\bar{\psi} \right] = 0 \quad \left(\begin{array}{l} \text{as } \mathcal{L} \text{ is} \\ \text{invariant} \\ \text{under } U(1) \end{array} \right)$$

as nothing in \mathcal{L} depends on $\partial_\mu \bar{\psi}$

$$\Rightarrow \text{get } \partial_\mu [i\bar{\psi}\gamma^\mu \delta\psi] = 0$$

$$\delta\psi = (1 + i\alpha + \dots)\psi - \psi = i\alpha\psi \Rightarrow \text{get}$$

$$\partial_\mu [\bar{\psi}\gamma^\mu \psi] = 0 \Rightarrow \boxed{j^\mu = \bar{\psi}\gamma^\mu \psi}$$

EM current.

is a conserved current: $\partial_\mu j^\mu = 0$ (can check explicitly)

In general can construct any bilinear object 31

$\bar{\psi} \Gamma \psi$, with Γ a 4×4 matrix. "Full basis" of 4×4 matrices ^{with definite Lorentz-transform properties} is

$$\Gamma = \{ \mathbb{1}, \gamma^\mu, \gamma^5, \gamma^\mu \gamma^5, \sigma^{\mu\nu} \}$$

Demand $\bar{\psi} \Gamma \psi$ to be hermitian \Rightarrow

~~$\gamma^0 \Gamma + \gamma^0 = \Gamma$~~ to make hermitian
 16 conditions \Rightarrow replaced by $\gamma^5 \gamma^\mu \gamma^5$
 $\Rightarrow 32 - 16 = 16$ d.o.f. \Rightarrow 16 matrices.

where $\sigma^{\mu\nu} = \frac{i}{2} [\gamma^\mu, \gamma^\nu]$.

One has:

bilinear	transformation law
$\bar{\psi} \psi$	scalar
$\bar{\psi} \gamma^5 \psi$	pseudoscalar
$\bar{\psi} \gamma^\mu \psi$	vector
$\bar{\psi} \gamma^\mu \gamma^5 \psi$	axial vector
$\bar{\psi} \sigma^{\mu\nu} \psi$	antisymmetric tensor

$j^\mu = \bar{\psi} \gamma^\mu \psi$ is also a 4-vector (axial current)

Is it conserved? In fact $\partial_\mu j^{\mu 5} = 2im \bar{\psi} \gamma^5 \psi$

\Rightarrow it is conserved only if $m=0$.

Energy-momentum tensor: $T_{\mu\nu} = \frac{\delta \mathcal{L}}{\delta(\partial^\mu \psi)} \partial_\nu \psi + \frac{\delta \mathcal{L}}{\delta(\partial^\nu \bar{\psi})} \partial_\mu \bar{\psi} - g_{\mu\nu} \mathcal{L}$

- $g_{\mu\nu} \mathcal{L}$ - by analogy with scalar field.

Any 4×4 matrix $M_{4 \times 4} = \sum_{i=1}^{16} c_i \Gamma_i$ with complex coefficients $c_i \Rightarrow$ only 16 matrices Γ_i .

We get $T_{\mu\nu} = i\bar{\psi} \delta_{\mu}^{\nu} \partial_0 \psi - g_{\mu\nu} [\bar{\psi} (i\gamma^{\alpha} \partial_{\alpha} - m) \psi]$

$\Rightarrow T_{\mu\nu} = \bar{\psi} [i\delta_{\mu}^{\nu} \partial_0 - g_{\mu\nu} i\gamma^{\alpha} \partial_{\alpha} + g_{\mu\nu} m] \psi$

However, we can simplify this by using Dirac equation $(i\gamma^{\alpha} \partial_{\alpha} - m)\psi = 0 \Rightarrow$ get

$T_{\mu\nu} = i\bar{\psi} \delta_{\mu}^{\nu} \partial_0 \psi$ (not symmetric)

Remember that the Hamiltonian $H = \int d^3x T_{00}$.

We get $H = \int d^3x i\bar{\psi} \delta^0_0 \partial_t \psi = \int d^3x i\psi^{\dagger} \partial_t \psi$
 $\psi^{\dagger} \delta^0_0 \delta^0_0$
 \downarrow
 1

$\Rightarrow H = \int d^3x i\psi^{\dagger} \partial_t \psi$ problem: H is not ≥ 0 !

(This is different from scalar fields, for which H was ≥ 0 for the field!)

$T_{\mu\nu}$ can be symmetrized: $T_{\mu\nu}^{symm.} = i\bar{\psi} \left[\frac{1}{2} (\delta_{\mu}^{\nu} \overleftrightarrow{\partial}_0 + \delta_0^{\nu} \overleftrightarrow{\partial}_{\mu}) \right] \psi$

can show that $\partial^{\mu} T_{\mu\nu}^{symm.} = 0$.

Here $\overleftrightarrow{\partial}_{\mu} \psi = \overleftarrow{\partial}_{\mu} \psi - (\partial_{\mu} \overleftarrow{\psi}) \psi$.

Useful γ -matrix formulas:

(33)

$$\{\gamma^\mu, \gamma^\nu\} = 2g^{\mu\nu}$$

" $\gamma^\mu \gamma^\nu + \gamma^\nu \gamma^\mu$ "

$$(\gamma^0)^\dagger = \gamma^0, (\gamma^i)^\dagger = -\gamma^i$$

$$\gamma^5 = i\gamma^0\gamma^1\gamma^2\gamma^3$$

$$(\gamma^5)^\dagger = \gamma^5$$

$$(\gamma^0)^2 = -(\gamma^i)^2 = 1, (\gamma^5)^2 = 1.$$

$$\{\gamma^5, \gamma^\mu\} = 0$$

easy to see that $(\gamma^\mu)^2 = g^{\mu\mu}$
(no summation)

(Easy to check.)

Also $\gamma_\mu \gamma^\mu = 4$

$$\gamma^\mu \gamma^\nu \gamma_\mu = -2\gamma^\nu$$

Finally, note that $\gamma^5 = \begin{pmatrix} -1 & 0 \\ 0 & 1 \end{pmatrix}$ in Weyl basis

$$\Rightarrow \text{Def. } P_L = \frac{1 - \gamma^5}{2}, P_R = \frac{1 + \gamma^5}{2}$$

$$\Rightarrow P_L \psi = \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix} \begin{pmatrix} \chi_L \\ \chi_R \end{pmatrix} = \begin{pmatrix} \chi_L \\ 0 \end{pmatrix} \equiv \psi_L$$

projection
or left-
handed
spinor

$$P_R \psi = \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix} \begin{pmatrix} \chi_L \\ \chi_R \end{pmatrix} = \begin{pmatrix} 0 \\ \chi_R \end{pmatrix} \equiv \psi_R$$

- right-handed

Can check that $P_L^2 = P_L, P_R^2 = P_R, P_L P_R = P_R P_L = 0.$

($\psi_L \sim$ helicity $-1/2, \psi_R \sim$ helicity $+1/2$, more later)