## **Lower Shadow Loop**

Trailhead at Broken Arrow. Take Broken Arrow trail to Chicken Point. (Alternatively, take Little Horse trail up to Chicken Point.) At Chicken Point start down Little Horse trail but don't turn to the right but head straight into Jim Bryan canyon. The Shadow trail will turn off to the left shortly. Take this trail down along side the drainage toward Munds Mountain. As you approach Munds, the trail will curve to the left through a meadow area and you will see a trail branching off to the right that leads toward Munds Mountain into the Notch. Your trail continues along the base of Munds over some rock shelves and then works its way around the contours of Munds until you see the Submarine lying below you. You will make a left turn off the trail toward the Submarine just at the point where you are closest to the Submarine, at the point of a spit of Munds. If you miss this turn off the trail will turn to the right and will head steeply down into a wash. That is your signal to turn around and find your trail back at the top.

At the Sub you can climb the Sub or walk to the right along its base until you meet up with the Forest Service trail back to the Broken Arrow trail.

973 Cumulative Elev. Change

2 h 37 min travel time

4.6 mi

4 h total time