# VARIATIONS OF VOLUME

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### 1 Setup

Let (M, g) be a Riemannian manifold, and  $\iota: \Sigma \hookrightarrow M$  be an embedded submanifold. We will often write  $\langle \cdot, \cdot \rangle$  instead of g and identify  $\iota(\Sigma)$  with  $\Sigma$ , as it is usual practice. We write  $\nabla$  and  $\nabla^{\Sigma}$  for the Levi-Civita connections of (M, g) and  $(\Sigma, \iota^* g)$ . We have

(a) 
$$\nabla_X Y = \nabla_X^{\Sigma} Y + II(X, Y),$$
 (b)  $\nabla_X^M \xi = -A_{\xi}(X) + \nabla_X^{\perp} \xi,$  (1.1)

for all  $X, Y \in \Gamma(T\Sigma)$  and  $\xi \in \Gamma(T\Sigma^{\perp})$ , where II denotes the second fundamental form of  $\Sigma$  in (M, g),  $A_{\xi}$  is the shape operator associated with  $\xi$ , and  $\nabla^{\perp}$  is the normal connection of  $\Sigma$ . Shape operators are related to the second fundamental form via the relations

$$\langle \mathrm{II}(X,Y),\xi\rangle = \langle A_{\xi}(X),Y\rangle. \tag{1.2}$$

The mean curvature vector  $H_{\Sigma} \in \Gamma(T\Sigma^{\perp})$  is the g-trace of II, and may be computed as

$$\boldsymbol{H}_{\Sigma} = g^{ij} \Pi\left(\partial_i, \partial_j\right) = \sum_{i=1}^k \Pi(E_i, E_i), \qquad (1.3)$$

where  $k = \dim \Sigma$  and  $(x^1, \ldots, x^k)$  are local coordinates on  $\Sigma$ , or  $(E_1, \ldots, E_k)$  is a local orthonormal frame tangent to  $\Sigma$ . When not working with orthonormal frames, we use Einstein's summation convention<sup>1</sup>.

With the aid of a metric, one may compute the divergence of vector fields and tensor fields, in general. In our setup, we have a divergence operator  $\operatorname{div}_g$  associated with (M, g), and  $\operatorname{div}_{\iota^*g}$  associated with  $(\Sigma, \iota^*g)$ . The latter has an obvious extension to vector fields that are tangent to M along  $\Sigma$  (as opposed to acting just on vector fields that are tangent to  $\Sigma$ ).

**Definition 1.** The tangential divergence  $\operatorname{div}_{\Sigma} \colon \Gamma(TM|_{\Sigma}) \to C^{\infty}(\Sigma)$  is defined by

$$\operatorname{div}_{\Sigma}(X) = \operatorname{tr}_{\iota^* g}((Y, Z) \mapsto \langle \nabla_Y X, Z \rangle) = g^{ij} \langle \nabla_{\partial_i} X, \partial_j \rangle = \sum_{i=1}^k \langle \nabla_{E_i} X, E_i \rangle, \quad (1.4)$$

where  $(x^1, ..., x^k)$  are local coordinates on  $\Sigma$ , or  $(E_1, ..., E_k)$  is a local orthonormal frame tangent to  $\Sigma$ .

<sup>&</sup>lt;sup>1</sup>Whose true power consists in keeping a consistent index balance, not in omitting summation signs.

For any vector field *X* tangent to *M* along  $\Sigma$ , we write  $X = X^{\top} + X^{\perp}$  according to the direct sum decomposition  $TM|_{\Sigma} = T\Sigma \oplus T\Sigma^{\perp}$ . Here is what we need to know about this tangential divergence operator:

**Proposition 2** (Main properties of  $div_{\Sigma}$ ).

(a) 
$$\operatorname{div}_{\Sigma}(fX) = X^{\top}(f) + f \operatorname{div}_{\Sigma}(X)$$
, for all  $X \in \Gamma(TM|_{\Sigma})$  and  $f \in C^{\infty}(\Sigma)$ 

- (b)  $\operatorname{div}_{\Sigma}(X) = \operatorname{div}_{\iota^*g}(X)$ , for all  $X \in \Gamma(T\Sigma)$ .
- (c)  $\operatorname{div}_{\Sigma}(X) = \operatorname{div}_{\Sigma}(X^{\top}) \langle \mathbf{H}_{\Sigma}, X \rangle$ , for all  $X \in \Gamma(TM|_{\Sigma})$ .

**Remark.** In particular, the Laplacian  $\triangle_{\Sigma} f$  of a smooth function  $f \colon \Sigma \to \mathbb{R}$  (defined as  $\operatorname{div}_{\iota^* g}(\nabla^{\Sigma} f)$ ), may be computed as  $\operatorname{div}_{\Sigma}(\nabla^{\Sigma} f)$ .

**Proof:** Noting that  $X^{\top} = g^{ij} \langle X, \partial_i \rangle \partial_j$  whenever  $(x^1, \ldots, x^k)$  is a local coordinate system for  $\Sigma$ , we directly compute

$$\operatorname{div}_{\Sigma}(fX) = g^{ij} \langle \nabla_{\partial_i}(fX), \partial_j \rangle = g^{ij} \langle (\partial_i f) X + f \nabla_{\partial_i} X, \partial_j \rangle$$
  
=  $g^{ij} \langle X, \partial_j \rangle \partial_i f + f g^{ij} \langle \nabla_{\partial_i} X, \partial_j \rangle = X^{\top}(f) + f \operatorname{div}_{\Sigma}(X).$  (1.5)

This proves (a). For (b), use (1.1-a): note that  $\langle \nabla_{\partial_i} X, \partial_j \rangle = \langle \nabla_{\partial_i}^{\Sigma} X, \partial_j \rangle$  and apply  $g^{ij}$ . Finally, as div<sub> $\Sigma$ </sub> is additive, it suffices to again use (1.1-a) to obtain

$$div_{\Sigma}(X^{\perp}) = g^{ij} \langle \nabla_{\partial_i}(X^{\perp}), \partial_j \rangle = -g^{ij} \langle X^{\perp}, \nabla_{\partial_i} \partial_j \rangle$$
  
=  $-g^{ij} \langle X^{\perp}, \Pi(\partial_i, \partial_j) \rangle = -\langle X^{\perp}, H_{\Sigma} \rangle$   
=  $-\langle X, H_{\Sigma} \rangle,$  (1.6)

as required.

In a similar manner to what was done for  $\operatorname{div}_{\Sigma}$ , we may also consider a "partial" Ricci tensor, acting on vector fields tangent to M along  $\Sigma$ . Our sign convention for the Riemann curvature tensor is  $R(X, Y) = [\nabla_X, \nabla_Y] - \nabla_{[X,Y]}$ .

**Definition 3.** The tangential Ricci tensor  $\operatorname{Ric}_{\Sigma}^{\top} \colon \Gamma(TM|_{\Sigma}) \times \Gamma(TM|_{\Sigma}) \to C^{\infty}(\Sigma)$  is defined by

$$\operatorname{Ric}_{\Sigma}^{\top}(Y,Z) = \operatorname{tr}_{\iota^* g} R(\cdot, Y, Z, \cdot) = g^{ij} R\left(\partial_i, Y, Z, \partial_j\right) = \sum_{i=1}^k R(E_i, Y, Z, E_i), \quad (1.7)$$

for all vector fields *Y* and *Z* tangent to *M* along  $\Sigma$ , where  $(x^1, \ldots, x^k)$  are local coordinates on  $\Sigma$ , or  $(E_1, \ldots, E_k)$  is a local orthonormal frame tangent to  $\Sigma$ .

**Remark.** When *Y* and *Z* above happen to be tangent to  $\Sigma$ ,  $\operatorname{Ric}_{\Sigma}^{\top}(Y, Z)$  still does not agree with the Ricci tensor of  $\Sigma$  itself evaluated at *Y* and *Z*. This is only guaranteed to happen when  $\Sigma$  is totally geodesic in (M, g), that is, when II = 0. In addition, when  $\Sigma$  is a 2-sided hypersurface<sup>2</sup> in *M* and  $\nu$  is a unit normal field along  $\Sigma$ , we have the relation  $\operatorname{Ric}_{\Sigma}^{\top}(Y, Z) = \operatorname{Ric}(Y, Z) - R(\nu, Y, Z, \nu)$ , and hence  $\operatorname{Ric}_{\Sigma}^{\top}(\nu, \cdot) = \operatorname{Ric}(\nu, \cdot)$ .

<sup>&</sup>lt;sup>2</sup>2-sided means that the normal bundle of  $\Sigma$  in M is trivial, that is, that there is a globally defined unit normal field along  $\Sigma$ . When there is no metric present, one may define the notion of being 2-sided by using the quotient line bundle  $TM|_{\Sigma}/T\Sigma$  instead.

## 2 Variation formulas and examples

Let (M, g) be a Riemannian manifold, and  $\Sigma$  be an embedded submanifold, possibly with boundary. The **volume of**  $\Sigma$  is defined by

$$\operatorname{vol}(\Sigma) = \int_{\Sigma} 1 \, \mathrm{d}\mu_{\Sigma}, \tag{2.1}$$

where  $d\mu_{\Sigma}$  stands for the volume form<sup>3</sup> of the induced metric on  $\Sigma$ . When dim  $\Sigma$  equals 1 or 2, "volume" means *arclength* or *area*, respectively. To understand variations of this volume functional, we will need to consider variations of submanifolds:

**Definition 4.** A variation of  $\Sigma$  in M is a smooth map  $F: \Sigma \times (-\varepsilon, \varepsilon) \rightarrow M$  such that F(x, 0) = x for every  $x \in \Sigma$ . Then:

- (a) *F* is **compactly supported** if there is a compact subset  $K \subseteq \Sigma$  such that F(x, t) = x for all  $(x, t) \in (\Sigma \setminus K) \times (-\varepsilon, \varepsilon)$ .
- (b) *F* is **boundary-fixing** if F(x,t) = x for all  $(x,t) \in \partial \Sigma \times (-\varepsilon, \varepsilon)$ .
- (c) For each fixed  $t \in (-\varepsilon, \varepsilon)$ , the *t*-stage of the variation is  $\Sigma_t = F(\Sigma, t)$  (in other words,  $\Sigma_t$  is defined as the image of  $\Sigma$  under the partial map  $F_t = F(\cdot, t) \colon \Sigma \to M$ . In particular,  $\Sigma_0 = \Sigma$ .
- (d) The **variational vector field** *V* of *F* is defined as  $V = V_0$ , where in general we define  $V_t$ , for  $t \in (-\varepsilon, \varepsilon)$ , by

$$V_t(x) = \frac{\mathrm{d}}{\mathrm{d}t} F(x,t) \in T_{F(x,t)}M,$$
(2.2)

for every  $x \in \Sigma$ .

(e) *F* is a **normal variation of**  $\Sigma$  if  $V_t(x) \in [T_{F(x,t)}\Sigma_t]^{\perp}$  for all  $(x,t) \in \Sigma \times (-\varepsilon, \varepsilon)$ .

When *F* is not explicitly needed, one calls  $\{\Sigma_t\}_{t \in (-\varepsilon,\varepsilon)}$  a variation of  $\Sigma$  instead.

**Remark.** When *F* is either boundary-fixing, or compactly supported with  $\Sigma$  noncompact, we necessarily have  $V|_{\partial \Sigma} = 0$ .

Given any variation  $F: \Sigma \times (-\varepsilon, \varepsilon) \to M$  of  $\Sigma$  has been fixed, local coordinates  $(x^1, \ldots, x^k)$  on an open subset  $U \subseteq \Sigma$  induce, for each  $t \in (-\varepsilon, \varepsilon)$ , local coordinates  $(x_t^1, \ldots, x_t^k)$  on the open subset  $U_t = F(U, t)$  of  $\Sigma_t$  via the composition  $x_t^i = x^i \circ (F_t)^{-1}$ . Namely, as  $F(\cdot, 0) = \mathrm{Id}_{\Sigma}$  is a diffeomorphism, so is  $F_t = F(\cdot, t): \Sigma \to \Sigma_t$  for t small enough, so that  $(F_t)^{-1}$  makes sense. Such coordinates satisfy the relations

$$dF_{(x,t)}\left(\frac{\partial}{\partial x^{i}}\Big|_{x}\right) = \frac{\partial}{\partial x_{t}^{i}}\Big|_{F(x,t)} \quad \text{and} \quad dF_{(x,t)}\left(\left.\frac{\partial}{\partial t}\right|_{t}\right) = V_{t}(x), \quad (2.3)$$

for all  $(x,t) \in \Sigma \times (-\varepsilon,\varepsilon)$ . In particular, the Lie bracket  $[V_t, \partial/\partial x_t^i]$  makes sense and *vanishes* due to naturality of the Lie bracket, as  $\partial/\partial x^i$  and  $\partial/\partial t$  commute as vector

<sup>&</sup>lt;sup>3</sup>We assume that  $\Sigma$  is orientable, for simplicity. If not, treat  $d\mu_{\Sigma}$  as a density instead.

fields on  $\Sigma \times (-\varepsilon, \varepsilon)$ . When doing coordinate computations, we will always assume that the coordinates on each stage  $\Sigma_t$  are related to coordinates on  $\Sigma$  via the above construction. For economy of notation, we will also write<sup>4</sup>  $\partial_{i,t}$  for  $\partial/\partial x_t^i$ .

Each  $\Sigma_t$  has its own volume form  $d\mu_{\Sigma_t}$ , so we may write  $(F_t)^*(d\mu_{\Sigma_t}) = v(t) d\mu_{\Sigma_t}$ , for a suitable smooth function  $v(t): \Sigma \to \mathbb{R}$ , with v(0) = 1. Smoothness of *F* also ensures smoothness of v(t)(x) in the variable *t*. Noting that

$$\operatorname{vol}(\Sigma_t) = \int_{\Sigma_t} d\mu_{\Sigma_t} = \int_{F_t(\Sigma)} d\mu_{\Sigma_t} = \int_{\Sigma} (F_t)^* d\mu_{\Sigma_t} = \int_{\Sigma} v(t) \, d\mu_{\Sigma}, \quad (2.4)$$

we are justified in calling *v* the **volumetric density of the variation** *F*.

**Proposition 5.** For any variation  $\{\Sigma_t\}_{t \in (-\varepsilon,\varepsilon)}$  of  $\Sigma$ , the first and second derivatives of the volumetric density v are given by:

(a) 
$$\frac{\mathrm{d}v}{\mathrm{d}t}(t) = \operatorname{div}_{\Sigma_t}(V_t) v(t)$$

and, assuming that the variation is normal,

(b) 
$$\frac{\mathrm{d}^2 v}{\mathrm{d}t^2}(t) = \left( \|\nabla^{\perp} V_t\|^2 - \operatorname{Ric}_{\Sigma_t}^{\top}(V_t, V_t) - \|A_{V_t}\|^2 - \langle H_{\Sigma_t}, \nabla_{V_t} V_t \rangle + \langle H_{\Sigma_t}, V_t \rangle^2 \right) v(t)$$

**Proof:** The first step is to describe v(t) in coordinates. By evaluating both sides of  $(F_t)^* d\mu_{\Sigma_t} = v(t) d\mu_{\Sigma}$  at the coordinate vector fields  $(\partial_1, \ldots, \partial_k)$  and using (2.3), we see that  $\sqrt{\det g(t)} = v(t) \sqrt{\det g(0)}$ , where  $g(t) = [g_{ij}(t)]_{i,j=1}^k$  is the matrix of components  $g_{ij}(t) = \langle \partial_{i,t}, \partial_{j,t} \rangle$ . Differentiating and applying *Jacobi's formula*<sup>5</sup>, we have

$$\begin{aligned} \frac{dv}{dt}(t) &= \frac{d}{dt} \frac{\sqrt{\det g(t)}}{\sqrt{\det g(0)}} \\ &= \frac{1}{\sqrt{\det g(0)}} \frac{1}{2} (\det g(t))^{-1/2} \frac{d}{dt} \det g(t) \\ &= \frac{1}{\sqrt{\det g(0)}} \frac{1}{2} (\det g(t))^{-1/2} \det g(t) \operatorname{tr} \left( g(t)^{-1} \frac{dg}{dt}(t) \right) \\ &= \frac{1}{2} \operatorname{tr} \left( g(t)^{-1} \frac{dg}{dt}(t) \right) v(t). \end{aligned}$$
(2.5)

However, we may compute this trace as

$$\operatorname{tr}\left(g(t)^{-1}\frac{\mathrm{d}g}{\mathrm{d}t}(t)\right) = g^{ij}(t)\frac{\mathrm{d}}{\mathrm{d}t}\left\langle\partial_{i,t},\partial_{j,t}\right\rangle$$
$$= g^{ij}(t)\left\langle\nabla_{V_{t}}\partial_{i,t},\partial_{j,t}\right\rangle + g^{ij}(t)\left\langle\partial_{i,t},\nabla_{V_{t}}\partial_{j,t}\right\rangle$$
$$= 2g^{ij}\left\langle\nabla_{V_{t}}\partial_{i,t},\partial_{j,t}\right\rangle$$
$$= 2g^{ij}\left\langle\nabla_{\partial_{i,t}}V_{t},\partial_{j,t}\right\rangle$$
$$= 2\operatorname{div}_{\Sigma_{t}}(V_{t}), \qquad (2.6)$$

<sup>4</sup>We do **not** use the convention of writing derivatives as subscripts with commas or semi-colons.

<sup>&</sup>lt;sup>5</sup>Namely,  $d(\det)_A(H) = \det A \operatorname{tr}(A^{-1}H)$  for all  $A \in \operatorname{GL}(k)$  and  $H \in \mathbb{R}^{k \times k}$ . Any Lie group homomorphism  $\varphi \colon G_1 \to G_2$  has  $\varphi \circ L_g = L_{\varphi(g)} \circ \varphi$  for all  $g \in G_1$ , and so  $d\varphi_g = d(L_{\varphi(g)})_e \circ d\varphi_e \circ (d(L_g)_e)^{-1}$  by the chain rule. Applying this principle to the Lie group homomorphism det:  $\operatorname{GL}(k) \to \mathbb{R} \setminus \{0\}$  together with the easily verified identity  $d(\det)_{\mathrm{Id}} = \operatorname{tr}$  yields the Jacobi formula.

and (a) follows. Differentiating (a) and reusing it leads to

$$\frac{\mathrm{d}^2 v}{\mathrm{d}t^2}(t) = \left(\frac{\mathrm{d}}{\mathrm{d}t}(\mathrm{div}_{\Sigma_t}(V_t)) + (\mathrm{div}_{\Sigma_t}(V_t))^2\right)v(t),\tag{2.7}$$

and so it remains to compute the *t*-derivative of  $\operatorname{div}_{\Sigma_t}(V_t)$ . From here on we assume that, for each *t*,  $V_t$  is normal to  $\Sigma_t$ . Starting from

$$\frac{\mathrm{d}}{\mathrm{d}t}\operatorname{div}_{\Sigma_{t}}(V_{t}) = \left(\frac{\mathrm{d}}{\mathrm{d}t}g^{ij}(t)\right)\left\langle\nabla_{\partial_{i,t}}V_{t},\partial_{j,t}\right\rangle + g^{ij}(t)\frac{\mathrm{d}}{\mathrm{d}t}\left\langle\nabla_{\partial_{i,t}}V_{t},\partial_{j,t}\right\rangle, \quad (2.8)$$

we will compute each term in the right side separately. As

$$\frac{\mathrm{d}}{\mathrm{d}t}g_{k\ell}(t) = \frac{\mathrm{d}}{\mathrm{d}t}\langle\partial_{k,t},\partial_{\ell,t}\rangle 
= \langle \nabla_{V_t}\partial_{k,t},\partial_{\ell,t}\rangle + \langle\partial_{k,t},\nabla_{V_t}\partial_{\ell,t}\rangle 
= \langle \nabla_{\partial_{k,t}}V_t,\partial_{\ell,t}\rangle + \langle\partial_{k,t},\nabla_{\partial_{\ell,t}}V_t\rangle 
= -\langle A_{V_t}(\partial_{k,t}),\partial_{\ell,t}\rangle - \langle\partial_{k,t},A_{V_t}(\partial_{\ell,t})\rangle 
= -2\langle A_{V_t}(\partial_{k,t}),\partial_{\ell,t}\rangle,$$
(2.9)

it follows that

$$\begin{pmatrix} \frac{\mathrm{d}}{\mathrm{d}t}g^{ij}(t) \end{pmatrix} \left\langle \nabla_{\partial_{i,t}}V_{t}, \partial_{j,t} \right\rangle = -g^{ik}(t) \left( \frac{\mathrm{d}}{\mathrm{d}t}g_{k\ell}(t) \right) g^{\ell j}(t) \left\langle \nabla_{\partial_{i,t}}V_{t}, \partial_{j,t} \right\rangle$$

$$= 2g^{ik}(t) \left\langle A_{V_{t}}(\partial_{k,t}), \partial_{\ell,t} \right\rangle g^{\ell j}(t) \left\langle \nabla_{\partial_{i,t}}V_{t}, \partial_{j,t} \right\rangle$$

$$= -2g^{ik}(t)g^{\ell j}(t) \left\langle A_{V_{t}}(\partial_{k,t}), \partial_{\ell,t} \right\rangle \left\langle A_{V_{t}}(\partial_{i,t}), \partial_{j,t} \right\rangle$$

$$= -2||A_{V_{t}}||^{2}.$$

$$(2.10)$$

In addition, observe that

$$\frac{\mathrm{d}}{\mathrm{d}t} \left\langle \nabla_{\partial_{i,t}} V_t, \partial_{j,t} \right\rangle = \left\langle \nabla_{V_t} \nabla_{\partial_{i,t}} V_t, \partial_{j,t} \right\rangle + \left\langle \nabla_{\partial_{i,t}} V_t, \nabla_{V_t} \partial_{j,t} \right\rangle 
= R(V_t, \partial_{i,t}, V_t, \partial_{j,t}) + \left\langle \nabla_{\partial_{i,t}} \nabla_{V_t} V_t, \partial_{j,t} \right\rangle + \left\langle \nabla_{\partial_{i,t}} V_t, \nabla_{\partial_{j,t}} V_t \right\rangle,$$
(2.11)

and thus

$$g^{ij}(t)\frac{\mathrm{d}}{\mathrm{d}t}\left\langle \nabla_{\partial_{i,t}}V_t,\partial_{j,t}\right\rangle = -\mathrm{Ric}_{\Sigma}^{\top}(V_t,V_t) + \mathrm{div}_{\Sigma_t}(\nabla_{V_t}V_t) + \|A_{V_t}\|^2 + \|\nabla^{\perp}V_t\|^2.$$
(2.12)

Here, we have used self-adjointness of  $A_{V_t}$  to conclude that  $||A_{V_t}^2|| = ||A_{V_t}||^2$ , as well as the Pythagorean relation  $||\nabla V_t||^2 = ||A_{V_t}||^2 + ||\nabla^{\perp} V_t||^2$ . Finally, as  $\langle A_{V_t}(\cdot), V_t \rangle = 0$  implies that  $\langle \nabla_{V_t} V_t, Z_t \rangle = 0$  whenever  $Z_t \in \Gamma(T\Sigma_t)$ , we have that

$$div_{\Sigma_{t}}(\nabla_{V_{t}}V_{t}) = g^{ij}(t) \left\langle \nabla_{\partial_{i,t}} \nabla_{V_{t}} V_{t}, \partial_{j,t} \right\rangle$$
  
$$= g^{ij}(t) \partial_{i,t} \left\langle \nabla_{V_{t}} V_{t}, \partial_{j,t} \right\rangle - g^{ij}(t) \left\langle \nabla_{V_{t}} V_{t}, \nabla_{\partial_{i,t}} \partial_{j,t} \right\rangle$$
  
$$= 0 - g^{ij}(t) \left\langle \nabla_{V_{t}} V_{t}, \Pi(\partial_{i,t}, \partial_{j,t}) \right\rangle$$
  
$$= - \left\langle \nabla_{V_{t}} V_{t}, H_{\Sigma_{t}} \right\rangle.$$
  
(2.13)

Putting (2.10), (2.12), (2.13), and Proposition 2 together, (b) follows from (2.7). <sup>6</sup>Namely:  $\langle \nabla_{V_t} V_t, \partial_{i,t} \rangle = -\langle V_t, \nabla_{V_t} \partial_{i,t} \rangle = -\langle V_t, \nabla_{\partial_{i,t}} V_t \rangle = \langle V_t, A_{V_t}(\partial_{i,t}) \rangle = 0.$ 

(a) 
$$\frac{\mathrm{d}}{\mathrm{d}t}\mathrm{vol}(\Sigma_t) = \int_{\Sigma_t} \mathrm{div}_{\Sigma_t}(V_t) \,\mathrm{d}\mu_{\Sigma_t}$$

and, assuming that the variation is normal,

(b) 
$$\frac{\mathrm{d}^2}{\mathrm{d}t^2} \mathrm{vol}(\Sigma_t) = \int_{\Sigma_t} \|\nabla^{\perp} V_t\|^2 - \mathrm{Ric}_{\Sigma_t}^{\top}(V_t, V_t) - \|A_{V_t}\|^2 - \langle H_{\Sigma_t}, \nabla_{V_t} V_t \rangle + \langle H_{\Sigma_t}, V_t \rangle^2 \,\mathrm{d}\mu_{\Sigma_t}$$

**Proof:** As the variation has compact support, we may differentiate (2.4) under the integral sign and apply Proposition 5. The original definition of v(t) allows us to rewrite the resulting quantities as integrals over  $\Sigma_t$  (as opposed to integrals over  $\Sigma$ ).

**Definition 7.** An embedded submanifold  $\Sigma$  of (M, g) is called **minimal** if

$$\frac{\mathrm{d}}{\mathrm{d}t}\Big|_{t=0} \mathrm{vol}(\Sigma_t) = 0 \tag{2.14}$$

for every compactly supported and boundary-fixing variations  $\{\Sigma_t\}_{t \in (-\varepsilon,\varepsilon)}$  of  $\Sigma$ .

**Example 8.** No closed submanifold of Euclidean space  $\mathbb{R}^n$  is minimal. More precisely, if  $\Sigma \subseteq \mathbb{R}^n$  is *k*-dimensional and closed, consider the compactly supported variation  $\{(1+t)\Sigma\}_{t\in(-\varepsilon,\varepsilon)}$  and note that

$$\frac{\mathrm{d}}{\mathrm{d}t}\Big|_{t=0}\mathrm{vol}((1+t)\Sigma) = \frac{\mathrm{d}}{\mathrm{d}t}\Big|_{t=0}(1+t)^k\mathrm{vol}(\Sigma) = k\,\mathrm{vol}(\Sigma) > 0,$$
(2.15)

as a consequence of the general relation  $vol(\lambda \Sigma) = \lambda^k vol(\Sigma)$ , valid for  $\lambda \in (0, \infty)$ .

**Example 9.** A *k*-dimensional submanifold  $\Sigma$  of Euclidean space  $\mathbb{R}^n$  is minimal if and only if all coordinate projections  $x^r|_{\Sigma} \colon \Sigma \to \mathbb{R}$  are harmonic functions. Abbreviating  $x^r|_{\Sigma}$  simply to  $x^r$ , assume that  $\Sigma$  is minimal, and let  $\eta \in C_c^{\infty}(\Sigma)$  be arbitrary. Writing  $(e_1, \ldots, e_n)$  for the canonical basis of  $\mathbb{R}^{n+1}$  and regarding all such vectors as constant fields on  $\mathbb{R}^n$ , we have that

$$div_{\Sigma}(\eta e_{r}) = g^{ij} \langle \nabla_{\partial_{i}}(\eta e_{r}), \partial_{j} \rangle = g^{ij} \langle (\partial_{i}\eta) e_{r}, \partial_{j} \rangle$$
  
$$= g^{ij} \langle e_{r}, \partial_{j} \rangle \partial_{i}\eta = e_{r}^{\top}(\eta)$$
  
$$= \langle e_{r}^{\top}, \nabla^{\Sigma}\eta \rangle = \langle \nabla^{\Sigma}x^{r}, \nabla^{\Sigma}\eta \rangle,$$
  
(2.16)

where  $\nabla^{\Sigma} f \in \Gamma(T\Sigma)$  denotes the gradient field of any smooth function  $f \in C^{\infty}(\Sigma)$ , and we use that the gradient  $\nabla^{\Sigma} x^{r}$  is obtained by projecting onto  $T\Sigma$  the full gradient  $\nabla x^{r} = e_{r}$ . In addition, Proposition 2 together of the definition of Laplacian  $\Delta_{\Sigma}$  gives us that  $\operatorname{div}_{\Sigma}(\eta \nabla^{\Sigma} x^{r}) = \langle \nabla^{\Sigma} \eta, \nabla^{\Sigma} x^{r} \rangle + \eta \Delta_{\Sigma} x^{r}$ . Applying the first variation formula for both fields  $\eta e_{r}$  and  $\eta \nabla^{\Sigma} x^{r}$  gives us that

$$\int_{\Sigma} \langle \nabla^{\Sigma} x^{r}, \nabla^{\Sigma} \eta \rangle \, \mathrm{d}\mu_{\Sigma} = 0 \quad \text{and} \quad \int_{\Sigma} \langle \nabla^{\Sigma} \eta, \nabla^{\Sigma} x^{r} \rangle + \eta \triangle_{\Sigma} x^{r} \, \mathrm{d}\mu_{\Sigma} = 0, \tag{2.17}$$

leading to

$$\int_{\Sigma} \eta \triangle_{\Sigma} x^r \, \mathrm{d}\mu_{\Sigma} = 0. \tag{2.18}$$

Arbitrariety of  $\eta$  now implies that  $\Delta_{\Sigma} x^r = 0$ , as required. Conversely, assume that  $V \in \Gamma(TM|_{\Sigma})$  is compactly supported with  $V|_{\partial\Sigma} = 0$ , and written as  $V = \sum_{r=1}^{n} V^r e_r$ . Then  $V^r \in C_c^{\infty}(\Sigma)$  for all r = 1, ..., n, and thus (2.16) for  $\eta = V^r$  yields

$$\int_{\Sigma} \operatorname{div}_{\Sigma}(V) \, \mathrm{d}\mu_{\Sigma} = \int_{\Sigma} \operatorname{div}_{\Sigma} \left( \sum_{r=1}^{n} V^{r} e_{r} \right) \, \mathrm{d}\mu_{\Sigma}$$

$$= \sum_{r=1}^{n} \int_{\Sigma} \operatorname{div}_{\Sigma}(V^{r} e_{r}) \, \mathrm{d}\mu_{\Sigma}$$

$$= \sum_{r=1}^{n} \int_{\Sigma} \langle \nabla^{\Sigma} V^{r}, \nabla^{\Sigma} x^{r} \rangle \, \mathrm{d}\mu_{\Sigma}$$

$$= -\sum_{r=1}^{n} \int_{\Sigma} V^{r} \triangle_{\Sigma} x^{r} \, \mathrm{d}\mu_{\Sigma} = 0,$$
(2.19)

as required. As one consequence of this equivalence, it now follows that if  $\Sigma$  is minimal, then it is contained in the convex hull of its boundary, which is defined as the intersection

$$\operatorname{Conv}(\partial \Sigma) = \bigcap \{ H \mid H \text{ is a half-space in } \mathbb{R}^n \text{ with } \partial \Sigma \subseteq H \}.$$
 (2.20)

Indeed, let *H* be a half-space of  $\mathbb{R}^n$ , written as  $H = \{x \in \mathbb{R}^n \mid \varphi(x) \leq b\}$  for suitable  $\varphi \in (\mathbb{R}^n)^*$  and  $b \in \mathbb{R}$ . Since all the coordinate functions are harmonic on  $\Sigma$ , so is the restriction  $\varphi|_{\Sigma}$ . By the maximum principle for harmonic functions, there is  $x_0 \in \partial \Sigma$  for which  $\varphi|_{\Sigma}(x_0)$  is maximum. Now, it follows that if  $\partial \Sigma \subseteq H$ , then  $\Sigma \subseteq H$  as well: let  $x \in \Sigma$ , and estimate  $\varphi(x) \leq \varphi(x_0) \leq b$ , so that  $x \in H$ . This proves that  $\Sigma \subseteq \text{Conv}(\partial \Sigma)$ .

**Example 10.** We may generalize the first part of Example 9, considering now submanifolds of the sphere  $\mathbb{S}^n$  and of hyperbolic space  $\mathbb{H}^n$ . To treat them simultaneously, fix a parameter  $c \in \{1, -1\}$  and consider in  $\mathbb{R}^{n+1}$  the scalar product

$$\langle v, w \rangle_c = v^1 w^1 + \ldots + v^n w^n + c v^{n+1} w^{n+1},$$
 (2.21)

for all  $v = (v^1, ..., v^{n+1})$  and  $w = (w^1, ..., w^{n+1})$  in  $\mathbb{R}^{n+1}$ . When c = 1 we have classical Euclidean space, and when c = -1 we have Minkowski space. This means that the space form

$$\mathbb{M}^{n}(c) = \{ p \in \mathbb{R}^{n+1} \mid \langle p, p \rangle_{c} = c \}$$
(2.22)

is the sphere for c = 1, and hyperbolic space for c = -1. We claim that a submanifold  $\Sigma \subseteq \mathbb{M}^n(c)$  is minimal if and only if all coordinate functions  $x^r \colon \Sigma \to \mathbb{R}$  satisfy the eigenvalue equation  $\Delta_{\Sigma} x^r + ckx^r = 0$ , where  $k = \dim \Sigma$ .

All formulas seen so far remain valid when the ambient manifold (M, g) is pseudo-Riemannian and with indefinite metric signature, provided that squared norms are suitably interpreted (e.g.,  $||A||^2 = \langle A, A \rangle$ , which may now vanish even when  $A \neq 0$ ).

The difficulty now is that the canonical basis  $(e_1, \ldots, e_{n+1})$  of  $\mathbb{R}^{n+1}$  is not in general tangent to  $\mathbb{M}^n(c)$ . Denoting by *P* the position vector field of  $\mathbb{M}^n(c)$  in  $\mathbb{R}^{n+1}$  (i.e., given

by  $P(x) = x \in T_x(\mathbb{R}^{n+1})$ , for every  $x \in \mathbb{M}^n(c)$ ), we consider the orthogonal projections  $\tilde{e}_r(x) = e_r - c\langle e_r, P \rangle P$ , that is,  $\tilde{e}_r(x) = e_r - cx^r P$ . The Levi-Civita connection  $\nabla$  of  $\mathbb{M}^n(c)$  is given by  $\nabla_X Y = dY(X) - c\langle dY(X), P \rangle P$ , and thus

$$\nabla_{X} \widetilde{e}_{j} = d\widetilde{e}_{j}(X) - c \langle d\widetilde{e}_{j}(X), P \rangle P$$
  
=  $-c dx^{r}(X)P - cx^{r}X - c \langle -c dx^{r}(X)P - cx^{r}X, P \rangle P$   
=  $-c dx^{r}(X)P - cx^{r}X + c dx^{r}(X)P + 0$   
=  $-cx^{r}X.$  (2.23)

Repeating (2.16) with  $\tilde{e}_r$  instead of  $e_r$  and (2.23) instead of  $\nabla_X e_i = 0$  leads to

$$\operatorname{div}_{\Sigma}(\eta \widetilde{e}_r) = \langle \nabla^{\Sigma} x^r, \nabla^{\Sigma} \eta \rangle - c k \eta x^r, \qquad (2.24)$$

for all  $\eta \in C_c^{\infty}(\Sigma)$ . This means that, if  $\Sigma$  is minimal, (2.17) now reads

$$\int_{\Sigma} \langle \nabla^{\Sigma} x^{r}, \nabla^{\Sigma} \eta \rangle - ck\eta x^{r} \, \mathrm{d}\mu_{\Sigma} = 0 \quad \text{and} \quad \int_{\Sigma} \langle \nabla^{\Sigma} \eta, \nabla^{\Sigma} x^{r} \rangle + \eta \triangle_{\Sigma} x^{r} \, \mathrm{d}\mu_{\Sigma} = 0, \quad (2.25)$$

so that

$$\int_{\Sigma} \eta(\triangle_{\Sigma} x^{r} + ckx^{r}) \,\mathrm{d}\mu_{\Sigma} = 0, \qquad (2.26)$$

and thus  $\triangle_{\Sigma} x^r + ckx^r = 0$  by arbitrariety of  $\eta$ . Conversely, if  $\triangle_{\Sigma} x^r + ckx^r = 0$  holds for r = 1, ..., n + 1, then  $\Sigma$  must be minimal: (2.19) boils down to

$$\int_{\Sigma} \operatorname{div}_{\Sigma}(V) \, \mathrm{d}\mu_{\Sigma} = -\sum_{r=1}^{n+1} \int_{\Sigma} V^r(\triangle_{\Sigma} x^r + ckx^r) \, \mathrm{d}\mu_{\Sigma} = 0, \tag{2.27}$$

for every compactly supported  $V \in \Gamma(TM|_{\Sigma})$ .

**Remark.** The above example is easily modified to provide the obvious analogous conclusions for other indefinite signature space forms, such as the de Sitter space  $\mathbb{S}_1^n = \{p \in \mathbb{R}^{n+1} \mid \langle p, p \rangle_{-1} = 1\}$ , etc. (here, it becomes  $\Delta_{\Sigma} x^r + k x^r = 0$ , just as in the sphere  $\mathbb{S}^n$ ).

Due to the general relation

$$\int_{\Sigma} \operatorname{div}_{\Sigma} V \,\mathrm{d}\mu_{\Sigma} = -\int_{\Sigma} \langle H_{\Sigma}, V \rangle \,\mathrm{d}\mu_{\Sigma} + \int_{\partial \Sigma} \langle V, N \rangle \,\mathrm{d}\mu_{\partial \Sigma}, \qquad (2.28)$$

valid as a consequence of the divergence theorem (with *N* being the unit outward conormal to  $\partial \Sigma$  along  $\Sigma$ ), we see that:

- (i)  $\Sigma$  is minimal if and only if  $H_{\Sigma} = 0$ .
- (ii) purely tangential compactly supported variations produce no variation.

With item (i) in mind, the next example should not be surprising:

<sup>&</sup>lt;sup>7</sup>Considering only boundary-fixing variations allows us to ignore the boundary term in (2.28), while the  $L^2$  inner product between compactly supported vector fields tangent to *M* along  $\Sigma$  is nondegenerate.

**Example 11.** Consider again the space forms  $\mathbb{M}^n(c)$  from Example 10, and also set  $\mathbb{M}^n(0) = \mathbb{R}^n$  so we can discuss all three of  $\mathbb{R}^n$ ,  $\mathbb{S}^n$ , and  $\mathbb{H}^n$  together. Letting  $\Sigma$  be a submanifold of  $\mathbb{M}^n(c)$  and writing P for the position vector field of  $\Sigma$ , we claim that  $\Delta_{\Sigma}P + ckP = H_{\Sigma}$  (this is usually written just as  $\Delta_{\Sigma}x + ckx = H_{\Sigma}$ ), where the Laplacian  $\Delta_{\Sigma}P$  is defined componentwise.

To see this, we will repeatedly use the following general fact: whenever (M, g) is a pseudo-Riemannian manifold and N is a nondegenerate submanifold of M, the formula  $(\text{Hess}_M f)(X, Y) = (\text{Hess}_N(f|_N))(X, Y) - df(II(X, Y))$  holds for  $X, Y \in \Gamma(TN)$ , with II denoting the second fundamental form of N in M.

The second fundamental form of  $\mathbb{M}^{n}(c)$  in  $\mathbb{R}^{n+1}$  (set to zero when c = 0) is given by  $(X, Y) \mapsto c \langle dY(X), P \rangle P = -c \langle X, Y \rangle P$  (as seen by differentiating  $\langle Y, P \rangle = 0$  in the direction of *X*), so that  $(\text{Hess}_{\mathbb{M}^{n}(c)}x^{r})(X, Y) = dx^{r}(-c \langle X, Y \rangle P) = -cx^{r} \langle X, Y \rangle$ , and thus

$$(\text{Hess}_{\Sigma}x^{r}) = -cx^{r}\langle X, Y \rangle + dx^{r}(\Pi(X, Y))$$
(2.29)

for all  $X, Y \in \Gamma(T\Sigma)$ , with II denoting the second fundamental form of  $\Sigma$  in  $\mathbb{M}^{n}(c)$ . Hence

$$\Delta_{\Sigma} x^{r} = g^{ij} (\operatorname{Hess}_{\Sigma} x^{r}) (\partial_{i}, \partial_{j}) = g^{ij} (-cx^{r} g_{ij} + dx^{r} (\operatorname{II}(\partial_{i}, \partial_{j})) = -ckx^{r} + dx^{r} (H_{\Sigma}),$$

$$(2.30)$$

leading to  $\triangle_{\Sigma} x^r + ckx^r = dx^r(H_{\Sigma})$ , as required.

Item (ii) is the reason we have focused on normal variations in the previous result. Observe that evaluating item (b) of Corollary 6 at t = 0 yields that the second derivative of  $vol(\Sigma_t)$  at t = 0 equals

$$\int_{\Sigma} \|\nabla^{\perp} V\|^2 - \operatorname{Ric}_{\Sigma}^{\top}(V, V) - \|A_V\|^2 - \left\langle H_{\Sigma}, \nabla_{V_t} V_t \big|_{t=0} \right\rangle + \left\langle H_{\Sigma}, V \right\rangle^2 d\mu_{\Sigma}.$$
(2.31)

However, the term  $\nabla_{V_t}V_t|_{t=0}$  depends not only on the vector field *V*, but also on the variation *F* itself. In general, the value  $(\nabla_X Y)_p$  depends on  $X_p$  and on the values of *Y* along a small piece of the integral curve of *X* passing through *p*, and this means that  $\nabla_V V$  is not even well-defined in our setting. More precisely, evaluating  $\nabla_{V_t} V_t$  at t = 0 does define a vector field tangent to *M* along  $\Sigma$ , but also eliminates transverse information that *V* by itself cannot recover.

This issue dissapears in the case where  $\Sigma$  is minimal, as (2.31) gets simplified to

$$\frac{d^2}{dt^2}\Big|_{t=0} \operatorname{vol}(\Sigma_t) = \int_{\Sigma} \|\nabla^{\perp} V\|^2 - \operatorname{Ric}_{\Sigma}^{\top}(V, V) - \|A_V\|^2 \, \mathrm{d}\mu_{\Sigma}.$$
(2.32)

The right side of (2.32) depends only on *V* and not on the variation itself. For this reason, it is usually denoted by  $I_{\Sigma}(V, V)$ , and  $I_{\Sigma}$  is called the **index form** of  $\Sigma$ . This motivates the following definition:

**Definition 12.** A minimal submanifold  $\Sigma$  of (M, g) is **stable** if

$$\left. \frac{\mathrm{d}^2}{\mathrm{d}t^2} \right|_{t=0} \mathrm{vol}(\Sigma_t) \ge 0 \tag{2.33}$$

for every boundary-fixing normal variation  $\{\Sigma_t\}_{t\in(-\varepsilon,\varepsilon)}$  of  $\Sigma$  or, equivalently, if

$$\int_{\Sigma} \|\nabla^{\perp} V\|^2 \mathrm{d}\mu_{\Sigma} \ge \int_{\Sigma} \operatorname{Ric}_{\Sigma}^{\top}(V, V) + \|A_V\|^2 \,\mathrm{d}\mu_{\Sigma}$$
(2.34)

for every  $V \in \Gamma(T\Sigma^{\perp})$  with  $V|_{\partial \Sigma} = 0$ .

# 3 The hypersurface case and the Gauss formula

Let (M, g) be a Riemannian manifold, and assume this time that  $\iota: \Sigma \hookrightarrow M$  is an embedded 2-sided hypersurface in M, with a fixed choice of a unit normal field  $\nu \in \Gamma(T\Sigma^{\perp})$ . Writing A for the shape operator associated with  $\nu$ , we have the Gauss formula<sup>8</sup>

$$R^{\Sigma}(X,Y,Z,W) = R(X,Y,Z,W) + \langle AY,Z \rangle \langle AX,W \rangle - \langle AX,Z \rangle \langle AY,W \rangle, \qquad (3.1)$$

valid for all  $X, Y, Z, W \in \Gamma(T\Sigma)$ . Writing the mean curvature vector as  $H = H\nu$  and  $(\iota^*g)$ -tracing in the variables X and W yields

$$\operatorname{Ric}^{\Sigma}(Y,Z) = \operatorname{Ric}_{\Sigma}^{\top}(Y,Z) + H\langle AY,Z \rangle - \langle AY,AZ \rangle$$
(3.2)

which, rewritten without  $\operatorname{Ric}_{\Sigma}^{\top}$ , reads

$$\operatorname{Ric}^{\Sigma}(Y,Z) = \operatorname{Ric}(Y,Z) - \operatorname{Ric}(\nu,\nu) + H\langle AY,Z \rangle - \langle AY,AZ \rangle.$$
(3.3)

Taking the  $(\iota^*g)$ -trace yet again, we obtain

$$\mathbf{s}^{\Sigma} = \mathbf{s}^{M} - 2\operatorname{Ric}(\nu, \nu) + H^{2} - ||A||^{2}, \qquad (3.4)$$

where  $s^M$  and  $s^{\Sigma}$  are the scalar curvatures of (M, g) and  $(\Sigma, \iota^* g)$ , respectively. Here,  $||A^2|| = ||A||^2$  by self-adjointess of *A*. Note also that  $||A||^2 = ||II||^2$  vanishes if and only if  $\Sigma$  is totally geodesic in (M, g). A convenient rearrangement of (3.4) is

$$\operatorname{Ric}(\nu,\nu) = \frac{1}{2}(\mathbf{s}^{M} - \mathbf{s}^{\Sigma} + H^{2} - ||A||^{2}).$$
(3.5)

Now, every  $V \in \Gamma(T\Sigma^{\perp})$  may be written as  $V = \eta \nu$  for some  $\eta \in C^{\infty}(\Sigma)$ , with  $V|_{\partial\Sigma} = 0$  if and only if  $\eta|_{\partial\Sigma} = 0$ , and V compactly supported if and only if  $\eta$  is. As  $\nabla^{\perp}\nu = 0$  (since differentiating  $\langle \nu, \nu \rangle = 1$  in the direction of X leads to  $\langle \nabla_X^{\perp}\nu, \nu \rangle = 0$  and thus  $\nabla_X^{\perp}\nu = 0$ ), we have that  $\|\nabla^{\perp}V\|^2 = \|\nabla^{\perp}(\eta\nu)\|^2 = \|d\eta \otimes \nu\|^2 = \|\nabla^{\Sigma}\eta\|^2$ . Also note that  $A_V = A_{\eta\nu} = \eta A$ . Putting all of this together, we have that

$$I_{\Sigma}(\eta,\eta) = \int_{\Sigma} \|\nabla^{\Sigma}\eta\|^2 - (\operatorname{Ric}(\nu,\nu) + \|A\|^2)\eta^2 \,\mathrm{d}\mu_{\Sigma}.$$
(3.6)

<sup>&</sup>lt;sup>8</sup>Conveniently expressed in general codimension as  $R^{\Sigma} = R + II \otimes II$ , where  $\otimes$  is the Kulkarni-Nomizu product between *TM*-valued twice-covariant symmetric tensor fields: it is defined by  $2(T \otimes S)(X, Y, Z, W) = \langle T(Y, Z), S(X, W) \rangle - \langle T(X, Z), S(X, W) \rangle + \langle S(Y, Z), T(X, W) \rangle - \langle S(X, Z), T(X, W) \rangle$ .

<sup>&</sup>lt;sup>9</sup>Here, *H* is the **mean curvature scalar associated with**  $\nu$ . Replacing  $\nu$  with  $-\nu$  causes *H* to be replaced with -H (as the vector *H* must remain invariant).

Integrating by parts and using that  $V|_{\partial \Sigma} = 0$ , we also obtain

$$\begin{aligned} I_{\Sigma}(\eta,\eta) &= \int_{\Sigma} -\eta \triangle_{\Sigma} \eta - (\operatorname{Ric}(\nu,\nu) + \|A\|^2) \eta^2 \, \mathrm{d}\mu_{\Sigma} \\ &= -\int_{\Sigma} \eta L_{\Sigma} \eta \, \mathrm{d}\mu_{\Sigma}, \end{aligned}$$
(3.7)

where the **stability operator of**  $\Sigma$  acting on functions is given by

$$L_{\Sigma}\eta = \triangle_{\Sigma}\eta + (\operatorname{Ric}(\nu,\nu) + ||A||^2)\eta.$$
(3.8)

Observe that  $L_{\Sigma}$  is elliptic (its principal symbol equals the one of  $\Delta_{\Sigma}$ ) and self-adjoint. It is a well-known fact that the first Dirichlet eigenvalue<sup>10</sup>  $\lambda_1(L_{\Sigma})$  is non-negative, and expressed via a Rayleigh quotient:

$$\lambda_1(L_{\Sigma}) = \min_{\eta} \left\{ -\int_{\Sigma} \eta L_{\Sigma} \eta \, \mathrm{d}\mu_{\Sigma} \mid \int_{\Sigma} \eta^2 \, \mathrm{d}\mu_{\Sigma} = 1 \right\} \ge 0.$$
(3.9)

**Proposition 13.** *If* (M,g) *has* Ric > 0*, then M does not contain any closed stable minimal 2-sided hypersurfaces.* 

**Proof:** If  $\Sigma$  were such a hypersurface, one could set  $\eta = 1$  in the stability condition

$$\int_{\Sigma} \|\nabla^{\Sigma} \eta\|^2 \,\mathrm{d}\mu_{\Sigma} \ge \int_{\Sigma} (\operatorname{Ric}(\nu,\nu) + \|A\|^2) \eta^2 \,\mathrm{d}\mu_{\Sigma}$$
(3.10)

to obtain

$$0 \ge \int_{\Sigma} \operatorname{Ric}(\nu, \nu) + \|A\|^2 \, \mathrm{d}\mu_{\Sigma} \ge \int_{\Sigma} \operatorname{Ric}(\nu, \nu) \, \mathrm{d}\mu_{\Sigma} > 0, \qquad (3.11)$$

a contradiction.

A small modification of the above argument gives:

**Proposition 14.** If (M, g) has Ric  $\geq 0$ , then any closed stable minimal 2-sided hypersurface  $\Sigma$  of M is totally geodesic. In addition, Ric $(\nu, \nu) = 0$  (for any unit normal field  $\nu$  along  $\Sigma$ ) and  $s^M|_{\Sigma} = s^{\Sigma}$ . When dim M = 3, the surface  $\Sigma$  (when connected) must be homeomorphic to a sphere or isometric to a flat torus.

**Proof:** Choosing  $\eta = 1$ , we see that the strict inequality in (3.11) now becomes weak and leads to

$$\int_{\Sigma} \operatorname{Ric}(\nu, \nu) + ||A||^2 \, \mathrm{d}\mu_{\Sigma} = 0.$$
(3.12)

As each term in the above integrand is non-negative, continuity leads to  $\operatorname{Ric}(\nu, \nu) = 0$ and also to  $||A||^2 = 0$  (and hence A = 0). The relation between scalar curvatures now follows from (3.4). When dim M = 3, we may apply the Gauss-Bonnet theorem to  $\Sigma$ , using the relation  $s^{\Sigma} = 2K^{\Sigma}$ , with  $K^{\Sigma}$  being the Gaussian curvature of  $\Sigma$ . Namely, as  $s^{\Sigma} \ge 0$ , we have that

$$\chi(\Sigma) = \frac{1}{2\pi} \int_{\Sigma} K^{\Sigma} d\mu_{\Sigma} \ge 0 \implies \chi(\Sigma) = 0 \text{ or } \chi(\Sigma) = 1, \qquad (3.13)$$

<sup>&</sup>lt;sup>10</sup>By a Dirichlet eigenvalue of an operator *L* we mean a real number  $\lambda$  such that there is a non-zero function *f* with  $f|_{\partial \Sigma} = 0$  and  $Lf + \lambda f = 0$ .

and the dichotomy follows from the classification of closed surfaces. In the case where  $\Sigma$  is a torus,  $\chi(\Sigma) = 0$  implies that  $\int_{\Sigma} s^{\Sigma} d\mu_{\Sigma} = 0$ , so that  $s^{\Sigma} \ge 0$  implies that  $s^{\Sigma} = 0$  by continuity.

The assumption that Ric  $\geq 0$  in the previous result may be somewhat weakened when dim M = 3.

**Proposition 15.** If (M, g) has  $s^M \ge 0$  and dim M = 3, then any stable minimal torus  $\Sigma$  is totally geodesic and flat, with  $\text{Ric}(\nu, \nu) = 0$  for any chosen unit normal field  $\nu$  along  $\Sigma$ .

**Proof:** In general, substituting (3.5) into (3.10) gives us a rephrased stability condition

$$\int_{\Sigma} \|\nabla^{\Sigma} \eta\|^2 \, \mathrm{d}\mu_{\Sigma} \ge \frac{1}{2} \int_{\Sigma} \mathrm{s}^M - \mathrm{s}^{\Sigma} - H^2 + \|A\|^2 \, \mathrm{d}\mu_{\Sigma}. \tag{3.14}$$

We know that  $\int_{\Sigma} s^{\Sigma} d\mu_{\Sigma} = 0$  by the Gauss-Bonnet theorem, as  $\Sigma$  is a torus. If  $\Sigma$  is also minimal and stable, then setting  $\eta = 1$  in the above yields

$$0 \ge \frac{1}{2} \int_{\Sigma} \mathbf{s}^{M} + \|A\|^{2} \,\mathrm{d}\mu_{\Sigma} \ge 0, \tag{3.15}$$

as  $s^M \ge 0$ . Therefore  $s^M = 0$  along  $\Sigma$  and  $||A||^2 = 0$ , so  $\Sigma$  is totally geodesic. We may now integrate (3.5) to obtain  $\int_{\Sigma} \operatorname{Ric}(\nu, \nu) d\mu_{\Sigma} = 0$ . This means that the constant function  $\operatorname{vol}(\Sigma)^{-1/2}$  is an eigenfunction for  $L_{\Sigma}$  and that  $\lambda_1(L_{\Sigma}) = 0$  is the first eigenvalue, in view of (3.9). More precisely, we know that the minimum of the integrals  $-\int_{\Sigma} \eta L_{\Sigma} \eta d\mu_{\Sigma}$  is nonnegative, but that the value zero was indeed realized by the constant function  $\operatorname{vol}(\Sigma)^{-1/2}$ , so such minimum in fact equals zero. This means that  $\operatorname{Ric}(\nu, \nu) = L_{\Sigma}(1) = 0$  (this spectral argument is crucial in passing from "average zero" to "pointwise zero"). In any case, (3.5) now implies that  $s^{\Sigma} = 0$  as well.

For our next result, we'll describe (still in the hypersurface case) how the mean curvature of the stages of a variation evolves. First, note that

$$H = H\nu \implies H = -\operatorname{div}_{\Sigma}\nu, \qquad (3.16)$$

by a direct computation:

$$\operatorname{div}_{\Sigma}\nu = g^{ij}\langle \nabla_{\partial_i}\nu, \partial_j \rangle = -g^{ij}\langle \nu, \nabla_{\partial_i}\partial_j \rangle = -g^{ij}\langle \nu, \operatorname{II}(\partial_i, \partial_j) \rangle = -\langle \nu, \mathbf{H} \rangle = -H. \quad (3.17)$$

Thus:

**Proposition 16.** Let  $\{\Sigma_t\}_{t \in (-\varepsilon,\varepsilon)}$  be a normal variation of  $\Sigma$ , and write the variational vector fields as  $V_t = \eta_t v_t$ , where  $v_t$  is an unit normal field along  $\Sigma_t$  and  $\eta_t$  is a suitable smooth function. Denoting by  $A_t$  and  $H_t$  the shape operator and mean curvature scalar of  $\Sigma_t$  associated with  $v_t$ , respectively, we have

$$\eta_t \frac{\mathrm{d}}{\mathrm{d}t} H_t = -\|\nabla^{\Sigma_t} \eta_t\|^2 + (\operatorname{Ric}(\nu_t, \nu_t) + \|A_t\|^2)\eta_t^2$$
(3.18)

**Proof:** From (2.10), (2.12), (2.13), we have

$$\frac{\mathrm{d}}{\mathrm{d}t}\operatorname{div}_{\Sigma_t}(V_t) = -\|A_{V_t}\|^2 - \operatorname{Ric}_{\Sigma_t}^\top(V_t, V_t) - \langle \nabla_{V_t} V_t, \boldsymbol{H}_{\Sigma_t} \rangle + \|\nabla^\perp V_t\|^2.$$
(3.19)

Substituting  $V_t = \eta_t v_t$  yields

$$\frac{\mathrm{d}}{\mathrm{d}t}\operatorname{div}_{\Sigma_t}(\eta_t \nu_t) = -\|A_t\|^2 \eta_t^2 - \operatorname{Ric}(\nu_t, \nu_t)\eta_t^2 - V_t(\eta_t)H_t + \|\nabla^{\Sigma_t}\eta_t\|^2.$$
(3.20)

However, due to Proposition 2 and the product rule, the left side above reads

$$\frac{\mathrm{d}}{\mathrm{d}t}\operatorname{div}_{\Sigma_t}(\eta_t\nu_t) = \frac{\mathrm{d}}{\mathrm{d}t}(-\eta_tH_t) = -V_t(\eta_t)H_t - \eta_t\frac{\mathrm{d}}{\mathrm{d}t}H_t.$$
(3.21)

Hence, (3.18) follows.

**Example 17.** For a > 0 and a smooth function  $f: [a, \infty) \to (0, \infty)$ , consider in the product  $M = [a, \infty) \times \mathbb{S}^{n-1}$  the Riemannian metric

$$\mathbf{g} = \frac{\mathrm{d}r^2}{f(r)} + r^2 \mathbf{g}^\circ, \tag{3.22}$$

where  $g^{\circ}$  is the standard round metric in  $S^{n-1}$ . Observe that if  $\theta_2, \ldots, \theta_n$  is an orthonormal coframe for the sphere (i.e.,  $g^{\circ} = \theta_2 \otimes \theta_2 + \cdots + \theta_n \otimes \theta_n$ ), then the volume form of  $S^{n-1}$  equals  $d\mu_{S^{n-1}} = \theta_2 \wedge \cdots \wedge \theta_n$ . As  $f(r)^{-1/2} dr, r\theta_2, \ldots, r\theta_n$  is an orthonormal coframe for (M, g), the same principle yields

$$d\mu_M = \frac{dr}{f(r)^{1/2}} \wedge (r\theta_2) \wedge \dots \wedge (r\theta_n) = \frac{r^{n-1}}{f(r)^{1/2}} dr \wedge d\mu_{\mathbb{S}^{n-1}}.$$
 (3.23)

For a fixed value of  $r \in [a, \infty)$ , we will compute the mean curvature scalar of the slice  $\Sigma = \{r\} \times S^{n-1}$  associated with the unit normal field  $\nu = f(r)^{1/2}\partial_r$ . To do so, consider the variation  $F \colon \Sigma \times (-\varepsilon, \varepsilon) \to M$  given by  $F((r, x), t) = (r + tf(r)^{1/2}, x)$ , so that  $V = \nu$ . To do so, we will use the (valid, as  $\partial \Sigma = \emptyset$ ) formula

$$\frac{\mathrm{d}}{\mathrm{d}t}\Big|_{t=0} \operatorname{vol}(\Sigma_t) = -\int_{\Sigma} \langle H_{\Sigma}, V \rangle \,\mathrm{d}\mu_{\Sigma}$$
(3.24)

which, due to symmetry reasons, reduces to

$$\frac{\mathrm{d}}{\mathrm{d}t}\Big|_{t=0} \operatorname{vol}(\Sigma_t) = -H \operatorname{vol}(\Sigma).$$
(3.25)

To explicitly compute vol( $\Sigma_t$ ), observe that  $d\mu_{\Sigma} = \iota_{f(r)^{1/2}\partial_r} d\mu_M = r^{n-1} d\mu_{S^{n-1}}$  as a consequence of (3.23), so that replacing r with  $r + tf(r)^{1/2}$  yields

$$d\mu_{\Sigma_t} = (r + tf(r)^{1/2})^{n-1} d\mu_{\mathbb{S}^{n-1}} = \left(1 + \frac{tf(r)^{1/2}}{r}\right)^{n-1} d\mu_{\Sigma},$$
(3.26)

and thus, differentiating the newfound relation

$$\operatorname{vol}(\Sigma_t) = \left(1 + \frac{tf(r)^{1/2}}{r}\right)^{n-1} \operatorname{vol}(\Sigma),$$
(3.27)

we obtain

$$\frac{\mathrm{d}}{\mathrm{d}t}\Big|_{t=0} \operatorname{vol}(\Sigma_t) = \frac{(n-1)f(r)^{1/2}}{r} \operatorname{vol}(\Sigma).$$
(3.28)

Hence,  $H = -(n-1)f(r)^{1/2}/r$ .

We can proceed further by observing that, for geometric reasons,  $\Sigma$  is totally umbilic in M. Hence all the eigenvalues of A are equal to  $H/(n-1) = -f(r)^{1/2}/r$ , meaning that  $||A||^2 = (n-1)f(r)/r^2$ . Using that  $s^{\Sigma} = (n-1)(n-2)/r^2$ , relation (3.4) becomes

$$\frac{(n-1)(n-2)}{r^2} = s^M - 2\operatorname{Ric}(\nu,\nu) + \frac{(n-1)^2 f(r)}{r^2} - \frac{(n-1)f(r)}{r^2}.$$
 (3.29)

The strength of the approach here is that we may solve for  $\text{Ric}(\nu, \nu)$ , and then s<sup>*M*</sup>, without resorting to further computations involving Christoffel symbols or moving frames. As  $\eta_0 = 1$ , the formula given in Proposition 16 reduces to

$$\frac{d}{dt}\Big|_{t=0} H_t = \operatorname{Ric}(\nu, \nu) + \frac{(n-1)f(r)}{r^2}.$$
(3.30)

However, by replacing *r* with  $r + tf(r)^{1/2}$ , we see that

$$H_t = -\frac{(n-1)f(r+tf(r)^{1/2})^{1/2}}{r+tf(r)^{1/2}},$$
(3.31)

and thus

$$\frac{d}{dt}\Big|_{t=0} H_t = \frac{-(n-1)\frac{1}{2}f(r)^{-1/2}f'(r)f(r)^{1/2}r + (n-1)f(r)^{1/2}f(r)^{1/2}}{r^2} \\
= \frac{-(n-1)\frac{f'(r)}{2}r + (n-1)f(r)}{r^2} \\
= \frac{(n-1)}{r^2} \left(-\frac{rf'(r)}{2} + f(r)\right).$$
(3.32)

Then (3.30) gives us that

$$\operatorname{Ric}(\nu,\nu) = -\frac{(n-1)rf'(r)}{2r^2},$$
(3.33)

so (3.29) now reads, after factoring out  $(n-1)/r^2$ ,

$$\frac{(n-1)(n-2)}{r^2} = s^M + \frac{(n-1)}{r^2} \left( rf'(r) + (n-1)f(r) - f(r) \right).$$
(3.34)

We conclude that

$$s^{M} = \frac{(n-1)}{r^{2}}((n-2)(1-f(r)) - rf'(r)).$$
(3.35)

Let (M, g) be a Riemannian manifold, and  $\Sigma \hookrightarrow M$  be an embedded **curve**, that is, dim  $\Sigma = 1$ . We assume that  $\Sigma$  is parametrized by a unit speed regular curve  $\gamma \colon I \to \Sigma$ . It follows from differentiating  $\langle \dot{\gamma}, \dot{\gamma} \rangle = 1$  that  $\langle \nabla_{\dot{\gamma}} \dot{\gamma}, \dot{\gamma} \rangle = 0$ , and thus  $\nabla_{\dot{\gamma}} \dot{\gamma} = \text{II}(\dot{\gamma}, \dot{\gamma})$ . Thus, the mean curvature vector is given by  $H_{\Sigma} = \nabla_{\dot{\gamma}} \dot{\gamma}$ . Hence,  $\Sigma$  is minimal if and only if  $\gamma$  is a geodesic.

Now, let *V* be a vector field normal to a unit speed geodesic  $\gamma \colon I \to \Sigma$ , that is, with  $\langle V, \dot{\gamma} \rangle = 0$ . Differentiating and using that  $\dot{\gamma}$  is a geodesic, we see that  $\langle \nabla_{\dot{\gamma}} V, \dot{\gamma} \rangle = 0$ , so that  $\nabla_{\dot{\gamma}} V = \nabla_{\dot{\gamma}}^{\perp} V$  and  $A_V = 0$ . As  $\operatorname{Ric}_{\Sigma}^{\top}(V, V) = R(\dot{\gamma}, V, V, \dot{\gamma})$ , the stability condition (2.34) reads

$$\int_{I} \|\nabla_{\dot{\gamma}}V\|^2 - R(\dot{\gamma}, V, V, \dot{\gamma}) \,\mathrm{d}s \ge 0 \tag{4.1}$$

or, equivalently,

$$-\int_{I} \langle V, \nabla_{\dot{\gamma}} \nabla_{\dot{\gamma}} V - R(\dot{\gamma}, V) \dot{\gamma} \rangle \, \mathrm{d}s \ge 0.$$
(4.2)

The stability operator  $L_{\Sigma}$  is given by  $L_{\Sigma}V = \nabla_{\dot{\gamma}}\nabla_{\dot{\gamma}}V - R(\dot{\gamma}, V)\dot{\gamma}$  and its kernel consists of classical Jacobi fields (as predicted).